

9th Ayurveda Kaushalam-2025



वैद्य सृजन

SEMINAR-CUM-RESIDENTIAL WORKSHOP

31st May to 7th June 2025



<https://bit.ly/4lr9faD>

SCAN HERE FOR GOOGLE FORM

AGGARWAL BHAWAN, DEHRADUN

VISHWA AYURVEDA PARISHAD



Vishwa Ayurveda Parishad (VAP) was established in the year 1997, to re-establish the glory of Ayurveda in the present era and to facilitate the acceptance and recognition for Ayurveda across the country and the globe. VAP is in a relentless effort to provide a credible platform to the scholars, practitioners, teachers & followers of Ayurveda, in order to enhance the potential and authenticity of the science to wider audiences globally. The Covid times have rightfully highlighted the importance of Ayurveda for health management and disease prevention. Thus it is important for the youth to be aware about the potential of the Ancient science of Ayurveda. We are aware that Vishwa Ayurveda Parishad has been upholding our divine knowledge, belief and rich practice of Ayurveda, a body of eternal knowledge on life science and health systems. It is a direct disclosure by the God to the mankind on this Devbhoomi Uttarakhand. Vishwa Ayurveda Parishad has been promoting personality development workshops for Ayurveda students and practitioners for the past many years. Keeping the tradition in mind, we are happy to announce our 9th Seminar cum 8 days residential workshop this year from May 31st to 7th June 2025, Dehradun. Earlier in 1999, it was named as "आयुर्वेद व्यक्तित्व विकास शिविर". Now we have started this workshop as "आयुर्वेद कौशलम्" from 2015 with 65 participants in total. Now with the blessings of Bhagwan Dhanvantri and Bhagwan Ashvinau, we have reached 200+ participants coming from every nook and corner of the country.



देव भूमि उत्तराखण्ड

....पार्श्वे हिमवतः शुभे । (च.सू.1/7)...

रोग निवारण हेतु प्राणियों पर दया भाव करते हुए पुण्य कार्य करने वाले महर्षिगण हिमालय पर्वत के एक सुन्दर भाग में एकत्रित हुए।

आयुर्वेद में वर्णित ज्वर प्रकरण में वीरभद्र से ज्वर उत्पत्ति एवं दक्ष प्रजापति का यज्ञ विध्वंस तथा माता सति के अग्नि में समर्पित होने की घटना के स्थान आज भी इसी हिमालय में विद्यमान है। जहाँ यज्ञ विध्वंस हुआ वह स्थान कनखल नाम से हरिद्वार जिले में स्थित है एवं कनखल से उत्तर की ओर ऋषिकेश स्थान पर वीरभद्र का मंदिर व वीरभद्र स्थान उपस्थित है। हरिद्वार के कनखल में ही महर्षि जीवक के गंगा नदी में स्नान कर वृद्ध जीवक बनने का प्रकरण मिलता है। इसी हिमालय में शिव का वास कैलाश, नंदादेवी इत्यादि हिम आच्छादित चोटियाँ उपस्थित हैं।

अभिज्ञान शाकुन्तलम कालिदास रचित नाट्य में महर्षि कण्व के प्रमुख शिष्यों में आचार्य हारीत का भी नामोल्लेख आता है। जो कण्व आश्रम कोटद्वार, उत्तराखण्ड के मालिनी नदी के किनारे स्थित है।

। आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥

आयुर्वेद कौशलम्-2025



महर्षि चरक तपोभूमि चरक डांडा

यह स्थल महर्षि चरक की तपोभूमि है। आचार्य चरक की तपस्थली उत्तराखण्ड राज्य के पौड़ी जिले के कोटद्वार शहर से 28 कि.मी. दूर बद्रीनाथ मार्ग पर **चरेख डांडा** गाँव से 750 मी. की दूरी पर **चरकाण्य शिखर** (जिसे स्थानीय भाषा में चरेख डांडा कहते हैं) पर स्थित है। सदियों से इस शिखर को चरकाण्य शिखर (चरक डांडा) नाम से जाना जाता है एवं अभी तक उपलब्ध अनेक भू अविलेखों में यहाँ के गाँव का नाम चरेख गाँव है। जो कि चरक शब्द का अपभ्रंश रूप है। चरक संहिता में कई स्थानों पर हिमवत् पार्श्व व गंगा द्वार का वर्णन मिलता है एवं ऋषियों के रहने और सम्भाषा संगोष्ठी का स्थान हिम पार्श्व व हिमालय से निकलने वाली नदी के तट पर माना जाता है। इस स्थल पर एक **बाँज का वृक्ष** है। इस वृक्ष के नीचे स्थानीय लोग भाद्रपद में सार्वजनिक रूप से एकत्रित होकर ग्राम देवता महर्षि चरक जी की पूजा अर्चना करते हैं। इस वृक्ष की विशेषता यह है कि यह बाँज का वृक्ष अन्य सभी बाँज वृक्षों की आकृति से अलग है। इस स्थान से हिमालय की हिम आच्छादित **धवल शिखर व चौखम्बा पर्वत** दर्शनीय है।

॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥

GLIMPSE OF EXPERTS



Vaidya Anant Dharmadhikari

M.D (AYU.)

Ex-Dean Govt. Ayurveda College Nagpur,
Maharashtra

Dean - R.A Podar Ayurved College Mumbai

Director Of Ayurveda Govt Of Maharashtra

Professor - BDST Ayurved College, Wagholi

Emeritus Professor BDST Ayurved College, Wagholi

Founder President - Anant Ayurved Pratishthan, Pune.

Vaidya Praveen Prabhakar Joshi

M.S (AYU.)

Rashtriya Guru at Rashtriya Ayurveda Vidyapeeth,
New Delhi.

Founder of Ayurvediya Panchkarma Chikitsalaya, Dhuliya

Director of Ashtang Ayurveda Pharmacy, Dhuliya and

Dhanwantari Ayurveda Pharmacy Dhuliya.



Vaidya Panchabhai Damaniya

M.D (AYU.)

Rashtriya Guru at Rashtriya Ayurveda Vidyapeeth,
New Delhi.

Founder of Shiv Shakti Arogya Mandir, Una, Gujarat

Runs Special OPD for Cancer Patients

Renowned Senior Practitioner, Gujarat

Honoured by-Dhanwantari Award 2023.



Prof. Sunil Kumar Joshi

M.s (Ayu.)

Ex-Vice Chancellor, Dean, Principal, Director, Uttarakhand Ayurveda University, & Doon University, Dehradun, Uttarakhand, Founder President of Mrityunjay Mission (Foundation for Vedic Medical Sciences) and Jan Chetna Renowned Practitioner of Marma Chikitsa in Uttarakhand.



Dr. Surendra Chaudhary

Retired Regional Ayurvedic & Unani Officer, Uttar Pradesh

Ex-Member of Courts Shri Krishna Ayush University, Kurukshetra, Haryana
National Secretary, Vishwa Ayurveda Parishad.

Vaidya Tanmay Goswami

M.D (Ayu)

Ex-Vice Chancellor and Professor at Sanskriti University, Mathura, UP

Renowned Physician, Spiritual Educator,
Author and Motivational Speaker
Academic Administrator and Entrepreneur





Vaidya Rajesh Thakkar

Managing Director & Chief Ayurvedic Physician at NISARG, Ahmedabad, Gujarat

Ayurvedic Hospital & Research Pvt. Ltd. Ahmedabad, First Multispeciality Ayurved Hospital in Gujarat for last 28 years.

Vaidya Sushant Mishra

Senior Medical Officer, Srinagar, Uttarakhand
Renowned Practitioner and Nadi Vaidya
Director-Ayurved Path Chikitsalaya, Srinagar, Uttarakhand.



Vaidya Vinish Gupta

M.D (Ayu.) Kayachikitsa, Jamnagar University

Professor, SIAR Dehradun

General Secretary, VAP, Uttarakhand

Founder of Shree Pharmacy, Dehradun

Chairperson-Rudraksh Ayurveda, Dehradun, Uttarakhand.



Vaidya Anumeha Joshi

M.D (AYU.)

Associate Prof. SIAR Dehradun

Treasurer of VAP, Dehradun

Founder of Shree Pharmacy, Dehradun

Director of Rudraksh Ayurveda, Dehradun, Uttarakhand.



Mr. Devendra Sharma

P.G. Diploma in Forestry Management from Sagar University, MP.

Managing Director at Green Gold Pharmaceuticals with 22+ years of औषध निर्माण experience.

Vaidya Shivani Kothiyal

Viddh-Agnikarma Specialist

Rishiswar Ayurvedic Chikitsalay
Kargi Chowk, Dehradun

Master trainer of viddh agnikarma (Trained more than 600 student across india)



Vaidya Shivam Vaidh

MD (Ayu.)

Assistant Professor, UAMC, Dehradun

Founder of Vaidyakulam Ayurvedic Chikitsalaya

Evam Panchkarma Kendra Dehradun, Uttarakhand & Najibabad, UP





Vaidya Pawan Singh

MD (Ayu.) in Panchakarma

Assistant Professor, DBMCH, Dehradun

Ex-Physician in Patanjali chikitshalay

Director Of Shubhaspati Ayurveda

Clinic Premnagar , Dehradun

आशीर्वचन

Prof. Dr. Hari Mohan Chandola.

MD (Ayu), Ph.D (BHU).

**Ex- Director - Principal Ch. Brahm Prakash
Ayurved Charak Sansthan, Govt. of NCT of
Delhi**

**EX HOD & Dean IPGT & RA, Gujarat Ayurved
University, Jamnagar.**



Dr. Yatendra Singh Malik

Ex- District Ayurvedic Officer, Uttarakhand

Ex- President, VAP, Uttarakhand

Sanrakshak, VAP, Uttarakhand.

Dr. Shailendra Singh

Social Activist, Uttarakhand



सम्मान समारोह

आयुर्वेद के लिए समर्पित प्रबुद्ध जन



Shri Jagat Bahadur

- Chief Advisor in Hans Herbal Private Ltd. since last 40 yrs.
- Mentor- Ayurvedic Graduates, Post Graduates and Physicians.
- Deep knowledge of Ayurvedic Drugs.



Shri Chandra Bahadur

- Worked in Department of Ras Shastra for 19 yrs in Rajkiya Ayurvedic College Gurukul Kangri, Haridwar
- Running his own Pharmacy.
- Deep knowledge of Ras and Kasthanushdhi.



INSIGHTS OF AYURVEDA KAUSHALAM



- शिष्य उपनयन
- संहिता सम्प्रदानम्
- चिकित्सा सिद्धान्त
- वायु संकल्पना
- व्याधि विनिश्चय
- दोष परीक्षण
- अंशांश कल्पना
- ख-वैगुण्य
- अग्नि संकल्पना "रोगाः सर्वेऽपि मन्देऽग्रौ" ।
- हेतु
- संहिता पठन में तंत्रयुक्ति की उपयोगिता
- "हृदि तिष्ठति संहिता"
- "आयुर्वेदोपदेशेषु विधेयः परमादः "
- आवरण विनिश्चय
- अनुक्त व्याधि विनिश्चय
- अद्रव्यभूत चिकित्सा

॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥

INSIGHTS OF AYURVEDA KAUSHALAM



- HANDS ON TRAINING AND DEMONSTRATION OF MARMAS(मर्म) IN DIFFERENT DISEASES.
- आतुरस्यान्तरात्मानं अनुप्रवेश - प्रकृति परीक्षा
- आयुर्वेद और ज्योतिष
- अग्निकर्म
- विद्ध कर्म
- शिरावेध
- जलौका अवचारण
- कर्णवेधन' IN PRANVAHA STROTAS ESPECIALLY 'तमक श्वास'
- "बंध्यत्व एवं सुप्रजाम् गर्भ संस्कार"
- प्रकृति परीक्षण का चिकित्सीय एवं व्यवहारिक प्रयोग
- संस्कृत "माहेश्वर सूत्र से अन्वय तक की यात्रा"
- ENTREPRENEURSHIP IN AYURVEDA
- औषध निर्माण में आने वाली अनुक्त समस्याओं का समाधान.
- DAILY PRACTICE OF 'वैदिक संध्या', 'यज्ञ' & ITS IMPORTANCE.
- VISIT TO HERBAL GARDEN.
- "भस्म परीक्षा"
- WORKSHOP ON "नाडी परीक्षण"



INSIGHTS OF AYURVEDA KAUSHALAM



HANDS ON TRAINING OF AUSHADH NIRMAN

- पानक- बालचतुर्भद्रिका
- अवलेह - च्यवनप्राश
- GRANULES-अश्वगंधा
- घृत - वासा
- तैल - गन्धर्वहस्तादि
(एरण्ड + निगुण्डी)
- वटी - चित्रकादि
- मसी - नींबू
- भस्म- गोदन्ती भस्म
- लवण - नारिकेल ,अर्क लवण
- पर्पटी - श्वेत पर्पटी
- मलहम - विपादिकाहर
- पोट्टली - पत्रपिण्ड पोट्टली

COSMETICS PREPARATIONS

- FACE GEL- ROSE GEL, ALOEVERA GEL
- HAIR CARE - HAIR GEL
- UBTAN - FACE AND BODY SCRUB
- NATURAL HOMEMADE KAJAL
- FACIAL POTTALI
- SOAP - HERBAL
- SOAP BASED SOAP



INSIGHTS OF AYURVEDA KAUSHALAM



CULTURAL EVENTS

- आयुर्वेद सम्बंधित नाट्य प्रस्तुति
- आयुर्वेद अवतरण
- अश्विनौ महिमा
- पौराणिक कथा-ज्वर, राज्यक्ष्मा, अतिसार
- समुद्र मंथन-धन्वन्तरि उत्पत्ति
- जनपदोध्वंस
- FOLK DANCES AND MUSIC
- CLASSICAL DANCES AND MUSIC

॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥



GUIDELINES FOR CASE PRESENTATION



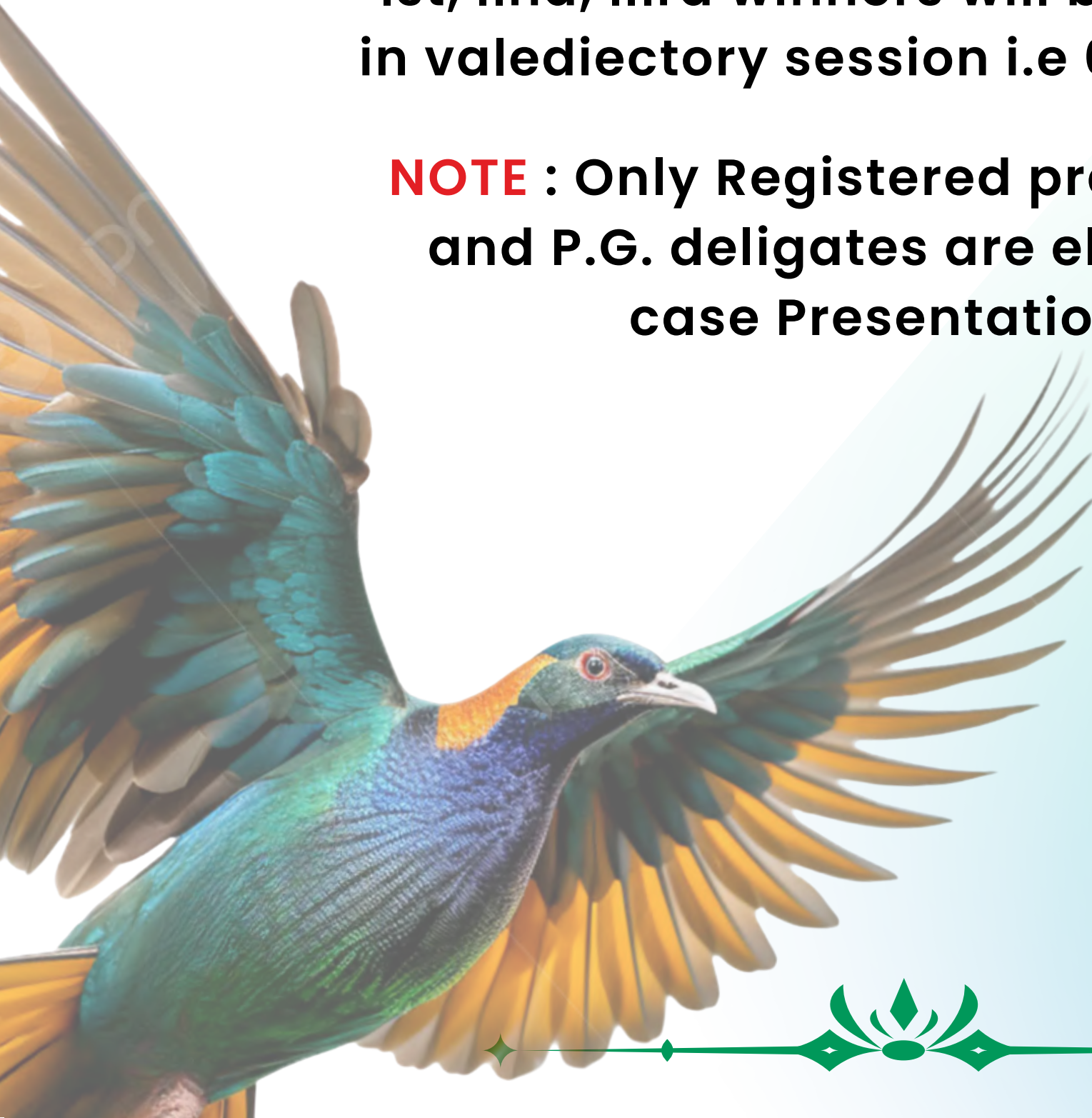
CRITERIA

- Daignosis निदान विनिश्चय
- Pathogenesis सम्प्राप्ति
- Investigations अन्वेषण
- Line Of Treatment चिकित्सा
- Do's and Dont's पथ्य -अपथ्य
- Pre and Post Treatment Findings

Time-7+2 min.

**Ist, IInd, IIIrd winners will be declared
in valedictory session i.e 07/06/2025.**

**NOTE : Only Registered practitoners
and P.G. deligates are eligible for
case Presentation.**



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उत्तराखंड के सभी आयुर्वेदिक कालेज के विद्यार्थियों को सूचित करते हुए अत्यन्त हर्ष का अनुभव हो रहा है कि आयुर्वेद कौशलम् देहरादून, आयोजन समिति ने ऐसे विद्यार्थी जिन्होंने अपने कालेज के वर्तमान सत्र **(FOR BATCHES OF ALL YEAR/PROFF.)** में प्रथम स्थान प्राप्त किया है, वे पूर्ण शिविर शुल्क छात्रवृत्ति के लिए चयनित किये जायेंगे। जिनका शिविर शुल्क जनकल्याण न्यास द्वारा वहन किया जायेगा। योग्य पात्र आवेदन के साथ सम्बन्धित प्रमाण पत्र अवश्य संलग्न करें।



Registration Fee Details

Type of Participants	Registration Fee (Rs.) Upto 05.05.2025	Registration Fee (Rs.) from 06.05.25-20.05.25
U.G. Students (1st -4th Year)/Intern	7500/-	8500/-
P.G. Students, Practitioners, Teachers, Medical Officers and Others.	8500/-	9500/-

FOR MORE DETAILS AND REGISTRATION VISIT:

Vd. Shivam Vaidh +91-8755975888

Vd. Ankit Thapliyal +91- 7017273057

- It includes residential charges with breakfast, lunch, evening snacks & dinner "with 1 day "चरक डांडा यात्रा".
- Separate accommodation for Boys & Girls participants.
- No Spot Registration
- Rs. 500/-Discount for VAP members.

REGISTRATION FEES IS NOT REFUNDABLE.

- Fee is to be deposited as per the account details mentioned in the registration form as the seats are limited in the camp.

HOW TO BECOME A VAP MEMBER ?

- To Join Vishwa Ayurved Parishad you can visit this website.Fee is to be deposited as per the account details mentioned in the registration form as the seats are limited in the camp.
- <https://vishwaayurveda.org/memberships>
- Benefits of becoming a member:- In all conferences (including Ayurved Kaushalam, World Ayurved Congress, etc) members will be given discount for registration.

॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥

PROCEDURE TO FILL THE FORM



SPECIAL NOTE:

- a) It is mandatory for the participants to assemble at the venue by 31st May. Dinner will be provided on the same day.
- (b) The participants will be allowed to leave the venue only after lunch on 7th June, 2025

THE PREFERABLE LANGUAGE FOR THE SEMINAR-CUM-RESIDENTIAL WORKSHOP WILL BE HINDI ONLY.



SCAN HERE FOR PAYMENT

ACCOUNT-A/C NAME	VISHWA AYURVEDA PARISHAD
BANK NAME	BANK OF INDIA
A/C NO	714420110000059
BRANCH NAME	BALLUPUR CHOWK, DEHRADUN
IFSC CODE	BKID0007144
EMAIL ID	rudraksh.ayurcare@gmail.com
WEBSITE	www.vishwaayurveda.org

FOR FURTHER QUERIES PLEASE CONTACT AT THE FOLLOWING PHONE NUMBER.

Vaidya Anumeha Joshi (9456136474)
Vaidya Vinish Gupta (9557431208)



16, SANGAM VIHAR, G.M.S. ROAD, NEAR BALLIWALA CHOWK, DEHRADUN - 248001, UTTARAKHAND.

॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥



CHARAK DANDA SHOBHA YATRA



Divine journey to चरक डांडा,
Yamkeshwar Hills of Himalayas near Kotdwar,
Uttarakhand, Including trekking,
महर्षि चरक शोभा यात्रा, ऋषि यज्ञ, संहिता-वाचन एवं
भंडारा प्रसाद

Date - 5th June 2025



GUIDELINES FOR PARTICIPANTS



The participants must carry:-

1. White apron, daily use items, lock & key, water bottle
2. चक्रपाणी टीका/चरक संहिता, अष्टांगहृदय
3. (a) All the participants have to reach the venue by afternoon of 31st May, 2025.
(b) Room allotment will start from afternoon and dinner will be provided on the same day.
(c) Kits distribution will start from 12:00 PM on 31st May
4. White clothes compulsory for ऋषि यज्ञ.
5. All participants are requested to bring umbrella, hat/ cap, small bag pack, water bottle, comfortable footwear (shoes etc) for trek to चरक तपोस्थली.
6. Don't carry gold jewellery/expensive gadgets.
7. The duration and dates of the camp can be changed by the organizers on prior intimation.
8. We request you to go through the topics which are going to be delivered in Ayurveda Kaushalam.
9. Carry your आसन for यज्ञ at चरक डांडा.



AYURVEDA KAUSHALAM PATRONS



1. PROF. GOVIND SAHAY SHUKLA

National President, VAP

HOD, Dept. of RSBK, University College of Ayurved, New Delhi

2 . PROF. MAHESH VYAS

National General Secretary VAP

Dean, All Indian Institute of Ayurveda, New Delhi

3. PROF.Y.C. MISHRA

National Organizing Secertary VAP

Retd. Principal, Govt. Ayurvedic College,Bareilly, UP

4.DR. SURENDRA CHAUDHARY

National Secretary, VAP

Prabhari Uttarakhand

Retd. Regional Ayurvedic Officer UP

5. DR. PREMCHANDRA SHASTRI

Ex-H.O.D. Samhita, Sanskrit evam Siddhant

Gurukul Ayurvedic Medical College,Haridwar

Margdarshak VAP, Uttarakhand.

6. DR. O.P. SINGH

Prof. Kayachikitsa, UAU Rishikul, Haridwar

Vice President, VAP Uttarakhand.

7. PROF. UTTAM SHARMA

Professor in Panchkarma,

Gurukul Kangri Ayurvedic College,Haridwar

President VAP, Uttarakhand.

8. VAIDYA VIPIN KUMAR ARORA

Assistant Prof.Gurukul Campus, UAU, Haridwar

Secretary,VAP,Uttarakhand

9. DR. YATENDRA SINGH MALIK

Ex- District Officer, Uttarakhand

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॥ आयुर्वेद के लिए पूर्ण समर्पित एकमात्र संस्था-विश्व आयुर्वेद परिषद् ॥

GLIMPSES OF AYURVEDA



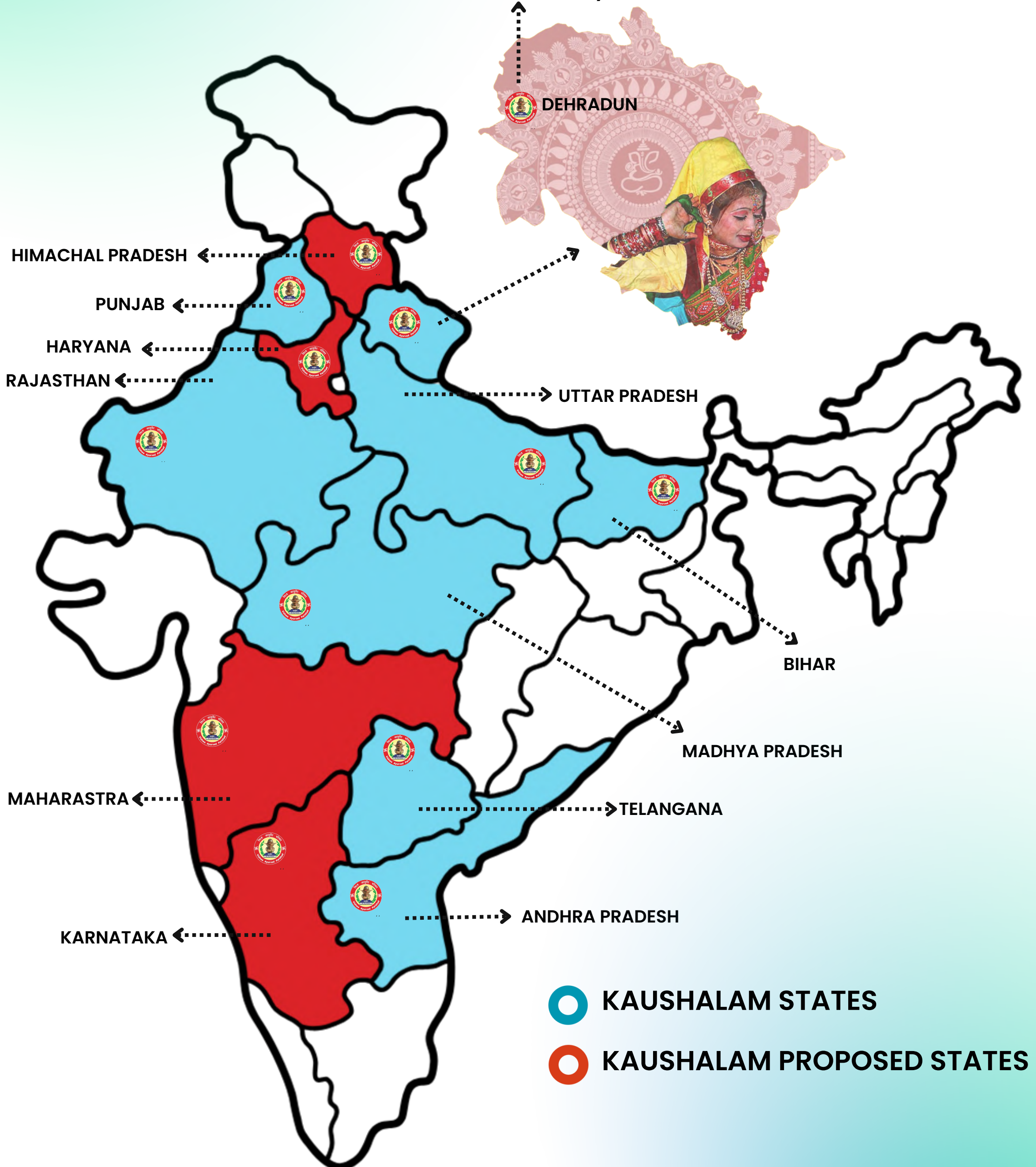
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9TH Ayurveda Kaushalam-2025



- 9th Ayurveda Kaushalam at Dehradun, Uttarakhand
- 31st May to 7th June 2025



9th Ayurveda Kaushalam-2025

31st May to 7th June 2025



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NEAR RAILWAY STATION
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